**Session – Self Motivation – WS 2**

Are you motivated when you watch inspiring movies?

Do you have a role model whom you would like to imitate?

Fill in “Magical 3” to start the journey of motivation yourself.

**Magical 3**

* Three people you most admire.
* What do you admire about them?
* What makes you happy?
* Three things you love to do and why you like to do them?
* Three things that you would like to change most about yourself. Why would you like to change them?
* Three things you believe you need in order to have a great life. Why are they important to you?